rans**Fit** Rise Together 5K

body · mind · spirit -----

1737 B, S Lumpkin St., Athens, GA 30605

& miracle mile fun run

Sunday, May 5th, 2024 at TransFit 5K - 3pm ★miracle mile - 3:45pm

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| START TIME | 5K at 3pm, Miracle Mile at 3:45pm Packet pickup will begin at 2:00pm fo 5K and 3:00pm for Miracle Mile | ENTRY | \$25 for registration and t-shirt \$75 for a family of 5 |
| 3 WAYS TO REGISTER | Register online at runsignup.com Mail the entry form below and payment to ESP (189 VFW Drive, Watkinsville, GA, 30677) before April 3. Checks should be made payable to ESP. Race day beginning at 3:45pm for the Miracle Mile and 3:00pm for the 5K. | | |
| AWARDS | Overall and Masters. 1st, 2nd, and 3rd given to standard 5-year age groups. | | |
| ESP | ESP creates transformative experiences for people with disabilities and their families, changing communities for the better. All Rise Together 5K proceeds will support ESP in providing opportunities for people with disabilities and their families to engage, connect, and thrive through after-school enrichment, summer camp, and family support programs. | | |
| LOCATION | TransFit Athens, 1737 B, S Lumpkin St., Athens, GA 30605 | | |
| CONTACT | TransFit Athens Phone: (706)614-0177 e-mail: transfitathens@gmail.com | | |
| MAIL IN REGISTRATION | | | |
| Name: | | | |
| Address: | | | |
| City: | | | State: |
| E-Mail: | | | Zip: |
| Gender: M F Birthdate: Age: | | | Phone: |
| | | | T-Shirt Size: YS YM S M L XL XXL None (please circle) |
| Registration for (please circle): Rise Together 5K Miracle Mile | | | |
| WAIVER: In consideration of this entry for the Rise Together 5K, I hereby waive all claims for myself and my heirs against any race official or sponsor, for any injury or illness which may directly of indirectly result from my participation in these events. I further state that I am in proper physical condition to participate in this event, I hereby grant race officials and/or sponsors permission to use my photograph or other records of the event for any legitimate purpose. | | | |
| Signature (Parent or Guardian must sign if participant is under 18 years old) Date | | | |







